



WENTWORTH-DOUGLASS  
HOSPITAL

A Mass General Community Hospital

CHARITABLE FOUNDATION

# Philanthropy in Action

## 2022 Annual Report to the Community



Arul Mahadevan, MD, Medical Director of the Seacoast Cancer Center, hands roses to Eileen Mullen, RN at the 2022 Community Celebration

# LEADERSHIP MESSAGES

Dear Friends:

You never cease to amaze us! Thanks to the unwavering support of our community, we raised over \$1,200,000 to support our patients and the important work of Wentworth-Douglass Hospital, and we cannot thank you enough!

Together, we achieved tremendous success and made a lasting impact. In 2022, the Foundation successfully completed the Holloway Challenge, raising \$300,000 to support our pulmonary patients. We executed our first in-person Seacoast Cancer 5K in two years and expanded the event to include the "Light Up The Night" Community Celebration to thank our community, our caregivers and to honor survivors and their families. We launched the inaugural Seacoast Culinary Challenge which raised over \$116,000 to help purchase the Seacoast region's first-ever Driving Simulator; and finally, the Foundation supported several patient-centered initiatives at Wentworth-Douglass Hospital and proudly awarded grants to support a variety of strategic needs across the hospital that enhance patient care.

I hope you enjoy reading the wonderful stories of the philanthropic impact on the lives of our patients, community, and staff. I am so proud of this community hospital, the Foundation and the greater Seacoast community, for working together to make this year so spectacular. It is because of you that we are successful. We deeply appreciate your support and look forward to another amazing year ahead!

With Gratitude,



*Jackie Eastwood*

**M. JACQUELINE EASTWOOD**  
Chair, Wentworth-Douglass Foundation  
Board of Directors

Dear Friends:

We have much to celebrate at Wentworth-Douglass Hospital. For the fifth consecutive year, Wentworth-Douglass was named "Best Hospital" by the 'Best of the Seacoast' Awards and was nominated for another 15 'Best Of' award recognitions. Additionally, Wentworth-Douglass was named among *US News & World Report* Best Hospitals for Maternity Care for the second consecutive year.

Furthermore, while the COVID-19 pandemic has left an indelible mark on our caregivers and staff, they did not waver, nor did our community. Everyone's perseverance during those difficult times was beyond extraordinary. I have never been prouder to be a part of our shared community.

The ever-evolving healthcare landscape reaffirms our commitment to the communities we serve. Working in collaboration with Mass General Brigham, we are committed to leveraging our strengths, and investing in our growth to significantly strengthen the services and support we provide our communities.

Our commitment to you is equally as strong. Our 117-year history of relentless dedication to the Seacoast's health and wellness remains unwavering – no matter the change or challenge.

Thank you for your continued support of and commitment to Wentworth-Douglass.

**JEFFREY B. HUGHES, MPH, FACHE**  
President & COO  
Wentworth-Douglass Hospital



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# BY THE NUMBERS

## DONORS

3,118



## NEW DONORS

1,529



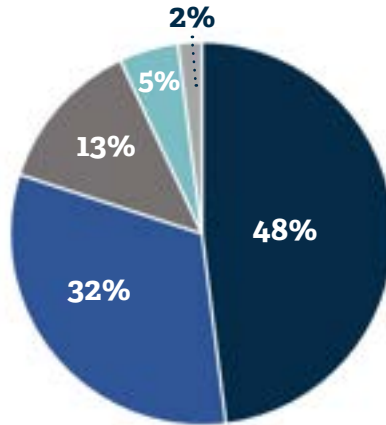
## WDH EMPLOYEE GIVING

\$141,391



## RAISED IN FY22

\$1,122,384



## FY22 SOURCES OF REVENUE

- Special Events: \$542,471
- Annual Giving: \$354,338
- Major Giving: \$147,020
- Planned Giving: \$53,556
- Corporate & Foundations: \$25,000

# PATIENT IMPACT

## TED RISTAINO:

### "I Think I'm Having A Heart Attack."

It was a cold 15 degrees outside on December 6, 2020 when Ted Ristaino of Portsmouth went to get his newspaper. Despite the cold, Ted was sweating like it was August.

He had recently had COVID, so his first inclination was he was still recovering from that. As he sat down to rest and cool off, Ted's chest felt tight.

"Honestly, I was scared," recalls Ted. "I said to my wife Chris, I know it sounds strange, but I think I'm having a heart attack."

Ted is an avid cyclist and golfer and enjoys regular exercise. The tightness in his chest would have been easy to pass off as something else, but listening to his body saved Ted's life that day. So did listening to his doctor. Dr. William Hassett at Wentworth-Douglass Hospital was the first person Ted called.

Ted and Chris had struggled finding good primary care in the past. But once they heard about Dr. Hassett and his deep care and concern for his patients, they never looked back. So when Dr.

Hassett told Ted to go to the hospital immediately, he listened.

Ted was met at the Wentworth-Douglass emergency room by a team of experts who knew his health history and knew just what to do when he arrived.

Turns out, Ted was having a heart attack caused by a 100% blockage of his left anterior artery. The team of cardiologists including Dr. Michael Mazinni and Dr. Lazaro Diaz, performed an angioplasty to open the blocked artery, and also placed a stent to allow blood to flow more freely.

"Thank goodness the team at Wentworth-Douglass acted so quickly. Their efficiency, care and technology all worked together to save my life."

Ted's care didn't stop there. His healthcare team was right there with he and Chris during his recovery and rehabilitation. They made sure he got plenty of information about

exercise, nutrition, and managing stress. Ted and Chris know that having access to high-quality care so close to home, saved Ted's life that day. And they do not take it for granted.

Today, Ted is back doing all the things he loves including riding his bike, golf, taking care of his lawn and walks with Chris. Ted notes that he paces himself carefully now, but he's living an active and fulfilling life thanks to the lifesaving care he received at Wentworth-Douglass.

"I'm so grateful. It's a great time to be alive, and to have the technology that exists today available locally, and not an hour or more away in Boston. Because when you're having a heart attack or other health care emergency, seconds count."





## 2022 Seacoast Cancer 5K Raises Over \$372,000 for Seacoast Cancer Center

at First In-Person Race in Three Years!



Over \$372,000 was raised to support the world-class care of the Seacoast Cancer Center at the Wentworth-Douglass Charitable Foundation's Seacoast Cancer 5K weekend. The weekend, which included the "Light Up The Night" Community Celebration on September 24<sup>th</sup> and the Seacoast Cancer 5K on September 25<sup>th</sup>, was held for the first time at Wentworth-Douglass Hospital's Portsmouth Outpatient campus on the Pease Tradeport.

**Nearly 1,800 people participated in the 2022 Seacoast Cancer 5K, presented by Title Sponsor, Somersworth Nissan.**

"The combination of the race returning to an in-person event and holding it at a new, larger location, added a lot of excitement and new energy to this year's race," said Paul Fennessy, Chair of the Seacoast Cancer 5K Committee. "We felt that energy throughout the entire weekend."

Brian "Scal" Scalabrino, NBC

Sports Boston Celtics color analyst and former Boston hoops favorite (pictured below), once again served as the Honorary 5K Team Captain. This was Scalabrino's fourth year of involvement with the Seacoast Cancer 5K.



"I was thrilled to be back again this year and lend my support and I was especially happy to be able to talk to people in person again and share some fist pumps and high fives," Scalabrino said.

The "Light Up The Night" Community Celebration held the evening before the race, honored cancer patients, their families, and providers. Over 300 attendees enjoyed live music, food and a beer and beverage garden, KidZone activities, and a 2-on-2

basketball game between Brian Scalabrino and Jadd Naamani of WOKQ and their teammates.

The Celebration concluded with a Survivor Lap in honor of those who have been lost, those who have fought, and those who are still fighting. A moment of silence preceded the emotional walk and served as a powerful reminder of what the Seacoast Cancer 5K is truly all about.

Dr. Barbara Civiello, Medical Director of Medical Oncology at the Seacoast Cancer Center, and the Physician Chair of the 2022 Seacoast Cancer 5K, took time at the event to honor Cancer Center staff.

"The dedicated staff at the Seacoast Cancer Center become like family to our patients while they are receiving treatment. I'm grateful for their tireless efforts and warm spirit of caring," Civiello said.

Fennessy (pictured above right), was honored as the



first recipient of the *Rae of Hope Award* for his continued involvement in the Seacoast Cancer 5K.

The award was named after Rae Ann Chrane, a 5K volunteer who poured her heart and soul into the race every year since its inception. Chrane passed away in May 2022. The award was established to honor a volunteer who embodies her spirit of volunteerism and who has excelled in their support of the Seacoast Cancer 5K.

The Community Celebration and Seacoast Cancer 5K returns to Portsmouth on September 23-24, 2023.



Visit [SeacoastCancer5K.org](https://SeacoastCancer5K.org) or scan the QR code for more information.

## DIAGNOSED AT 32: How Self-Advocacy Saved Kimberly Laderbush

*"The Seacoast Cancer Center is the reason my mother and I are healthy and alive today."*

*Kimberly Laderbush,  
2022 Seacoast Cancer 5K  
Honorary Patient*

Kimberly Laderbush has a unique perspective and appreciation of the Seacoast Cancer Center. She has been both the caregiver and the patient.

In 2013, Kimberly's mother was diagnosed with breast cancer. Thanks to the amazing doctors and the exceptional care she received at the Seacoast Cancer Center, Kimberly's mother is now nine-years cancer-free!

Fast forward to June 2016. Kimberly had just returned from a run and felt a lump in her left breast. "It was alarming. My instincts told me to get it checked out." While nothing was showing up on scans, Kimberly insisted on being seen by the same trusted doctors who

cared for her mother for a second opinion.

After some initial testing and as the lump continued to grow, Kimberly was diagnosed with Stage 2B breast cancer. She was 32 years old. The doctors told her she saved her own life through her continued self-advocacy.

"The Seacoast Cancer Center is the reason my mother and I are healthy and alive today. And they are the reason I'm sharing my story."

Being diagnosed with breast cancer at age 32 was traumatic for Kimberly. But what she remembers most, was not just the care, but the compassion.

"From the doctors to the nurses to the housekeepers, everyone I encountered touched my heart. I felt like I had the best team. I trusted them completely and I felt safe at the scariest time of my life! Kimberly is at every Seacoast Cancer 5K, raising money and awareness for the



PHOTO: Kimberly pictured with David Coopla, MD, Medical Director of Surgical Oncology at the Seacoast Cancer Center.

Seacoast Cancer Center and the world-class, lifesaving care available close to home.

"It's my favorite race of the year!" Every step she runs, and every step she takes in life, takes Kimberly farther on her cancer journey: as a daughter, as a patient, as a wife and mother to two young children she wants to see grow up ... and now as a survivor.



PHOTO: Kimberly, center, at the 2022 Seacoast Cancer 5K.

## Thank You! SEACOAST CANCER 5K COMMITTEE

**BARBARA CIVIELLO, MD**  
PHYSICIAN CHAIR

**PAUL FENNESSY, CO-CHAIR**

**KIMBERLY LADERBUSH,**  
HONORARY PATIENT

RICHARD BERRY

BETH BROWNELL†

SUSAN CHASE, CFRE

RYAN COBURN

ANNE DAUGHERTY, LICSW

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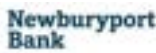
BRENDA MULLANEY

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## THANK YOU to our 2022 Corporate Sponsors!



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# SIGNATURE EVENT



## 28<sup>th</sup> Annual Charity Classic Raises \$206,515 to Support Women & Children's Center

On June 21, 2022 golfers took to the green at Cochecho Country Club in Dover for the 28th Annual Wentworth-Douglass Charity Classic. The event raises funds for programs and equipment at the Women and Children's Center and supports infants, children, pregnant and post-partum mothers, and local families.

"This event is a wonderful reminder of the power of community," said Jackie Eastwood, Chair of the Wentworth-Douglass Foundation Board of Directors. "The Charity Classic raises critical funds for the Women and Children's Center that allows our clinical team to provide the highest-quality of care for pregnant and post-partum women and our smallest and most vulnerable patients." Eastwood continues, "we are grateful to our community, our corporate sponsors, our golfers and volunteers who helped make this annual event a rousing success. We are excited to announce we have raised \$206,515 thanks to their generosity and support.

The Charity Classic welcomed 144 golfers for a great day of

18-holes of golf at Cochecho Country Club. Golfers teed up for the 9 AM start followed by an awards luncheon and program featuring the chance to win a golf weekend in Boothbay Harbor, Maine, and bid on trips, tickets to sporting events, spa packages and other items during a live auction with local auctioneer, Mark Fodero.

The winners of the Charity Classic (pictured right) received a trophy and green jackets. The 2022 winning foursome came in 16 under par and was represented by Michael Whitman and Eric Beauregard of Bangor Savings Bank and Richie Stover and Josh Trivilino of Omada Technologies. Both companies were also sponsors of the event.

Registration is open for the 29th annual Charity Classic on June 20, 2023 at Cochecho Country Club. Visit [WDHCharityClassic.org](http://WDHCharityClassic.org), follow us on social media or scan the QR code (right) for more information.

Wentworth-Douglass Hospital

# CHARITY CLASSIC



### TOURNAMENT WINNERS

*Pictured L-R: Michael Whitman (Bangor Savings Bank) and Richie Stover (Omada Technologies). Not pictured: Eric Beauregard (Bangor Savings Bank) and Josh Trivilino (Omada Technologies).*



## Thank You! CHARITY CLASSIC COMMITTEE

- GEOFFREY NESS, CHAIR**
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- MIKE CARELLA
- PAUL CASS, DO
- DICK CONLEY
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- RICHARD RYZMAN
- LYNDI SARGENT
- AMY SHEEHAN
- TOM STRICKLER
- SARAH VARNEY
- MICHAEL WHITMAN

# Fund-A-Need Program Helps Purchase Critical Equipment for Premature Babies

A favorite tradition of the Charity Classic is the Fund-A-Need program, which raises funds for specific strategic needs for the Women and Children's Center. In 2022, the goal was to raise funds to purchase the GE Omnibed Giraffe Carestation (pictured right); a critical piece of equipment that regulates temperature, provides a safe incubator and reduces environmental stress for premature babies.

"The support generated for our Fund-A-Need Program is amazing," said Geoffrey Ness, President and CEO of Nessit, Wentworth-Douglass Foundation Board Member, and Chair of the Wentworth-Douglass Charity Classic Committee.

*"Through the generosity of this group of golfers, we were able to raise nearly \$13,500 toward the cost of this piece of equipment, which was an incredible success and a huge help to the Hospital!"*

Wentworth-Douglass is now a Level IIB NICU - the first on the Seacoast - thanks in part to its partnership with Mass General Hospital for Children.

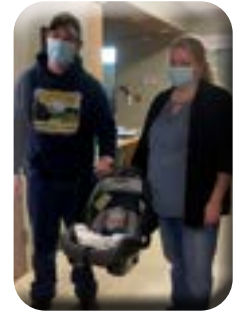


PHOTO (Top): Kim Wright, RN (right) and Heather Phelan, RN (left) both WDH NICU Nurses, hold Baby Connor (also bottom left), the youngest premie born at at WDH who was able to stay with his mother following his premature birth at 32 weeks.

PHOTO (Bottom Right): Connor's parents, Jeremy and Sarah Rouleau leave the hospital after 36 days in the NICU.

## THANK YOU to our 2022 Corporate Sponsors for helping make this event a success!



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# SIGNATURE EVENT



## Inaugural Seacoast Culinary Challenge Raises \$163,325 to Support Wentworth-Douglass Annual Fund



The stage was set for culinary greatness at the inaugural Seacoast Culinary Challenge on Thursday, March 31, 2022 at the Music Hall in Portsmouth, in the first timed, “mystery basket style” cooking event to benefit the Wentworth-Douglass Charitable Foundation Annual Fund.

NH was voted the winner by a panel of local and celebrity judges. Chef Vargas also won “Fan Favorite” based on audience vote.

Competing chefs had to create a dish using ingredients presented to them in a sealed, mystery bag. Ingredients included a whole chicken, a yam, blueberries and aloe vera. Chef Vargas created the winning dish: “Mystery Basket Mole” including braised chicken, veggies, aloe leaf, plantain and chocolate topped with pickled blueberry and avocado salsa. Other competing chefs included **David Crinieri**, culinary director of Tuscan Brands in Salem, NH; **Jay Curcio**, owner and executive chef of The White Apron Catering Company in Dover, NH; and **Julie Cutting**, owner and executive chef of CURE in Portsmouth, NH.

Guests helped raise \$61,600 through a live auction and Fund-A-Need, which sought to raise critical funds toward the purchase of a Driving Simulation System for rehabilitation patients in need of a driving assessment.

This state-of-the-art technology assists Wentworth-Douglass’ Rehabilitation Team and Occupational Therapists in helping to assess a person’s driving skills following several conditions that may impede a person’s ability to safely drive a vehicle.



PHOTO (L-R): Chef Julie Cutting, Chef David Vargas, Co-Host Evan Hennessey, Co-Host Mary Ann Esposito, Chef Jay Curcio, Chef David Crinieri.

The Seacoast Culinary Challenge was hosted by **Mary Ann Esposito**, creator, and host of Ciao Italia with Mary Ann Esposito on PBS – America’s longest running televised cooking show, and **Evan Hennessey**, owner and chef at STAGES at One Washington in Dover, N.H., and three-time Chopped Champion on the Food Network’s nationally acclaimed show.

Local chef, **David Vargas** (pictured right), owner and executive chef of Vida Cantina in Portsmouth,



Medical Director of the Wentworth-Douglass Hospital Center for Weight Management & Bariatric Surgery, Dr. Dmytro Havaleshko (pictured above, inset), showcased fully robotic surgery and the precision in which it is performed, by peeling an orange and then suturing the skin with an Intuitive Surgical da Vinci robot.

The event raised \$163,325 for the Wentworth-Douglass Foundation Annual Fund, which supports programs and projects across the hospital that enhance patient care and overall wellness.



“Thank you to everyone who participated in the first Seacoast Culinary Challenge. Your support makes an incredible difference in the lives of our patients and their ability

to live independently,” said Jackie Eastwood (pictured above), chair of the Foundation’s Board of Directors. “And congratulations to Chef Vargas. What an enormous talent!”

The Seacoast Culinary Challenge will return in 2024. Stay tuned!



# Seacoast Culinary Challenge Guests Raise Over \$43,500 to Help Purchase Driving Simulation System

Thanks to the generosity and enthusiasm of guests at the inaugural Seacoast Culinary Challenge, \$43,500 was raised through the Fund-A-Need to support the purchase of a state-of-the-art Driving Simulation System to better serve the needs of its patients, their family members and our community.

The Driving Simulation System will help our Occupational Therapists (OTs) safely assess and retrain patients of all ages, to determine their capabilities aside from in-car, on-the-road assessment.

The ability to drive is crucial in maintaining an independent lifestyle, particularly in the Southern Maine/New Hampshire Seacoast region, which lacks robust public transportation. But that doesn't mean that everyone who can drive, should drive. Things like physical injury, changes in vision, the aging process, etc. can impact a person's mobility and reaction time, potentially leading to unsafe or hazardous driving.

In the past, there was no way to determine readiness to get back behind the wheel other than a road test, which is impractical for



the average person and potentially dangerous for other drivers and pedestrians. Luckily, advances in technology have brought user-friendly and cost-effective alternatives to market.

Thanks to the generosity of attendees of the Seacoast Culinary Challenge, the Driving Simulation System will be available at Wentworth-Douglass Hospital as part of its suite of Rehabilitation Services in 2023!

## THANK YOU to our 2022 Seacoast Culinary Challenge Sponsors!



Pictured L-R: Chef David Vargas, Chef Julie Cutting, Linda and Lloyd Hamm, lead sponsor and President & CEO of Newburyport Bank, Chef David Crinieri and Chef Jay Curcio.

### SPECIAL THANKS TO OUR RESTAURANT PARTNERS



### LOCAL & CELEBRITY JUDGES

**KIRA LEW, WOKQ**

Host: Kira & Logan in the Morning

**TODD SWEET, CEC, CCA**

Assistant Director of Culinary, UNH

**NICHOLAS CALIAS, CEC, WCEC, CCA**

Director of Food & Beverage, The Colonade, Boston

**KATHARINE WEEKS**

Director, Clinical Operations  
Wentworth-Douglass Hospital

**CYNTHIA PACIULLI BARBARITS, MD, FACS, FASMBS**

Surgeon, Center for Weight Management & Bariatric Surgery  
Wentworth-Douglass Hospital



10th Annual Aquathon at the Works Health & Fitness Center to celebrate World Aquathon Day, raised over \$1,378 for the Seacoast Cancer Center.



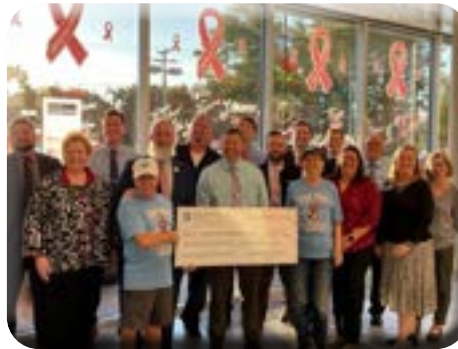
St. Thomas Boys and Girls Hockey PINK Games raised \$8,524 to support the Seacoast Cancer Center.



The New England Pickleball Club's 'Pickle for Pink' fundraiser raised \$4,338 for patients at the Seacoast Cancer Center.



At Lax Jam 2022, the Seacoast Houlagan Lacrosse Club raised \$611 to support the Seacoast Cancer 5K.



Somersworth Nissan's annual Drive for the Cure sales event raised an impressive \$27,600 for the Seacoast Cancer Center.

We are so grateful to our generous community who hold a variety of special fundraising events in support of Wentworth-Douglass Hospital.

If you are planning one of these fundraising events or interested in learning more, we would love to help support your efforts. Scan the QR code for more information about how to plan your own fundraiser!



## ANNUAL FUND

The Wentworth-Douglass Annual Fund supports programs and projects that enhance patient care and support positive patient outcomes and overall wellness. Funds are raised from a variety of ways including employee and physician giving, individual, major and planned giving, corporate and foundation support, special events and giving days.

### 2022 GIVING DAYS



We raised nearly \$29,000 in 24 hours on NH Gives Day, June 7-8, 2022.



Over \$35,000 raised on Giving Tuesday, November 29, 2022.

### 2022 GIFTS TO THE ANNUAL FUND HAVE PROVIDED

- \$162,000:** Seacoast Cancer Center - Survivorship & Wellness Program
  - \$55,940:** Women & Children's Center - Halo Bassinets
  - \$43,500:** Driving Simulator for Rehabilitative Services
  - \$37,045:** Women & Children's Center - Giraffe Omnibed Carestation
  - \$36,101:** MRI Safe Anesthesia Ventilator
  - \$23,100:** Blood Flow Restricting Equipment for Rehab & Sports Therapy
  - \$22,355:** Rehab Services - Creative Arts Therapy
  - \$16,500:** We Care Program - Social Services
  - \$10,000:** To underwrite ASHP Pharmacogenomics Accelerators Program
  - \$10,000:** Adaptive Swim Program at the Works Family Health & Fitness Center
  - \$9,450:** Nursing Leadership Program at the MGH Institute of Health Professions
  - \$800:** Wentworth Health Partners - Blood Pressure Monitors
- .....
- TOTAL INVESTMENT: \$426,791**

# First Heart Failure Patients Undergo Wentworth-Douglass Hospital's New CardioMEMS Procedure

## GIVING IMPACT



A sensor that monitors heart failure was successfully implanted in three patients at Wentworth-Douglass Hospital in July 2022, becoming the hospital's first recipients of a device aimed at dramatically improving their quality of life and reducing their office visits and hospital stays.



The CardioMEMS sensor (pictured left) is implanted through a simple right heart catheterization in a same-day procedure. The device, the size of a paperclip,

allows the patients to monitor pressure changes that indicate heart failure 14-21 days before they begin feeling the effects of these changes. This allows clinicians to address pressure changes through simple adjustments to care, often without requiring an appointment with the patient.

Wayne Taylor is one of the first patients undergoing the procedure. He has been a patient at Wentworth-Douglass for more than five years.

"I'm so happy to be receiving the CardioMEMS device," Wayne said. "I'm hoping it will help me stay healthy by letting the Heart Failure team know if I'm retaining fluids so they can make the best adjustments for my health. My cardiology team is fantastic. If it wasn't

for them, I feel I wouldn't still be around."

Dr. Greg Imbrie, of Wentworth Health Partners Cardiology (pictured above, 3rd from left), was the interventionalist who implanted the sensors. "I'm excited because this will bring Wentworth-Douglass to the forefront of heart failure management on the seacoast," Dr. Imbrie said. "Not only will patients benefit from the CardioMEMS device, but our hospital takes it a step further and provides patients with continued monitoring, education, and support to help them achieve the best possible outcomes."

"I'm hoping for the improvement of quality of life for these patients. When you sit with them, they want to be spending time at home and they want to feel better. But sometimes we have to send them for more testing. This device is going to allow them to stay at home, monitor their pressures, and we can guide them and make adjustments while they're in an environment they're comfortable with," said Christine Oliveira, APRN, of the Heart Failure Clinic (pictured above, second from right).

***The Abbott's CardioMEMS HF System was made possible at Wentworth-Douglass through the generosity of multiple donors raising \$210,000, including David***

***"We want to make sure that we have the tools necessary to keep Wentworth-Douglass the best that it can possibly be."***

*~ Dick Conley, Donor and Vice Chair, Wentworth-Douglass Hospital Charitable Foundation Board of Directors*

***and Karen Della Penta and Vice Chair of the Wentworth-Douglass Hospital Charitable Foundation Board of Directors, Richard Conley, and his wife Jan.***

"My wife and I have focused on cardiology and heart failure because it's one of the number one medical



issues people are faced with, and as we get older, we have many more friends encountering heart issues. We're blessed to be in a position

where we can donate some of our savings to an organization like Wentworth-Douglass and have it applied directly to a situation that we're familiar with and that we care about," Conley said (pictured above). "We want to make sure that we have the tools necessary to keep Wentworth-Douglass the best that it can possibly be."

For more information about this program, scan the QR code or contact



Wentworth-Douglass' Center for Heart Health at (603) 516-4265 in Dover or (603) 610-8070 in Portsmouth.

# 2022 DONORS

Donations Generously Received January 1, 2022 – December 31, 2022

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\* 5 Years Consecutive Giving

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Scan the QR code above to support Wentworth-Douglass Hospital and add your name to a growing list of donors who are making a difference in people's lives and the health and safety of our community.



Wentworth-Douglass Hospital as it appeared at its opening on August 30, 1906.

# 1906 Heritage Society

Wentworth-Douglass Hospital was first established in 1906 thanks to a large bequest from the estate of Arioch Wentworth. Since then, gifts made through our supporters' estates have provided vital funding for the hospital's life-saving mission. The 1906 Heritage Society recognizes those who continue this legacy by naming the hospital as a beneficiary of a will, retirement plan, donor-advised fund or life insurance policy; or establishing a charitable gift annuity or trust.

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Scan the QR for more information about making a planned gift to Wentworth-Douglass Hospital.

## Invested in Creating a Healthy Community

Each year, Wentworth-Douglass invests in programs, local non-profit organizations, and community resources that align with the community's significant health needs, identified through the Community Health Needs Assessment (CHNA) conducted by the hospital every three years. This assessment helps identify where the hospital should focus its programs and services to improve the overall health of the individuals and families it serves.

**Mental health, substance use disorders and access to primary care services are among the most pressing health needs facing the communities that Wentworth-Douglass Hospital serves, according to the hospital's 2022 Community Health Needs Assessment.**

This year's assessment also identified six other community needs including: access to long-term services and supports, chronic disease, financial barriers to care, obesity and physical inactivity, oral health, and social determinants of health (basic needs and transportation).

Mental health and substance use disorders are two strongly correlated health concerns that Wentworth-Douglass has been highly focused on since 2016. While the hospital has made progress in these areas by investing in service expansion, along with investing in community partnerships, the COVID-19 pandemic continued to magnify these issues by causing fear and confusion, which increased rates of anxiety and depression through all age populations, according to the assessment.

Access to primary care has also been an area of focus over the last several years. Wentworth-Douglass recently opened Primary Care of Rochester



PHOTO above: WDH President, Jeff Hughes, center, at the ceremonial ribbon cutting on Sept. 21, 2022 to mark the opening of Primary Care of Rochester.

to address a particular need in northern Strafford County and is working on new strategies for provider and staff recruitment to improve access to primary care and expand services to meet the community's health needs. Beyond expanding access to primary care and behavioral health services, Wentworth-Douglass plans to meet the needs identified in the community assessment by:

- Maintaining financial assistance services and reducing barriers to care.
- Continuing to operate a Community Dental Center.
- Expanding the CareVan program to provide transportation to qualifying patients.
- Focusing on opportunities for educational events and health screenings.
- Providing community grants to local non-profits to help address these needs.

The 2022 CHNA obtained feedback from individuals and experts representing broad interests across the community, including many with specialized expertise in public health. The assessment also included data from a University of New Hampshire community health assessment survey, with over 500 participants from the Wentworth-Douglass service area. The 2022 report is available online at [wdhospital.org/wdh/about-wdh/giving-back](http://wdhospital.org/wdh/about-wdh/giving-back)

## Wentworth-Douglass Patient & Family Learning Center

Since 2018, The Patient & Family Learning Center at Wentworth-Douglass Hospital has served as a community-based, patient-centered department and a regional hub for health promotion and disease prevention on the Seacoast of New Hampshire.



The Patient & Family Learning Center (PFLC) has four Health and Wellness Coaches (pictured above), each specifically trained to assist others in making and sustaining healthy lifestyle habits. Health coach skills, specifically the use of motivational interviewing, have been tied to outcomes such as increased physical activity, lower cholesterol, better blood sugar levels, improved self-management of diabetes and heart problems, a healthier diet, and weight loss.

Other services offered by the PFLC include The National Diabetes Prevention Program, Freedom from Smoking, and Mindful Eating for People with Type 2 Diabetes. These additional programs are made possible with collaboration from the Diabetes Department, the Seacoast Cancer Center, and the Pulmonary Department.

Programs offered at the PLFC provide innovative and creative ways to improve the health of our community. Better yet, they remain free or low-cost options for those who want to take control of their health and feel better. Community members can ask their provider for a referral or contact the Center to discuss options at (603) 609-6027 or [PFLC@WDHospital.org](mailto:PFLC@WDHospital.org).



# How Wentworth-Douglass Addresses The Community's Top Health Needs

## COMMUNITY BENEFIT

### FINANCIAL ASSISTANCE

**14,111**

Number of patients of Wentworth-Douglass and Wentworth Health Partners who received financial assistance to help access care.



### MENTAL HEALTH SERVICES

**21,957**

Number of patient visits to Wentworth-Douglass behavioral health clinicians at Great Bay Mental Health and integrated behavioral health at Wentworth Health Partners primary care practices.



**1,689**

Patient visits to The Doorway operated by Wentworth-Douglass Hospital, for people struggling with substance use disorder.



### Wentworth-Douglass Community Benefits (in millions)



### TRANSPORTATION

**19,926**

Patient trips to healthcare appointments in our free CareVan service. The Wentworth-Douglass CareVan is a transportation program for patients who have limited means to access our health services.



**145,094**

Miles traveled by our CareVans; a 10% increase over last year.



**10%**

# COMMUNITY BENEFIT

## Wentworth-Douglass Invests in Harm Reduction

The stressors of the last several years have continued to exacerbate the needs of those in our community who are struggling with substance use disorders (SUD). In addition to the services offered through The Doorway Operated by Wentworth-Douglass, the hospital has continued to seek ways to improve the care of patients with SUD.

“Wentworth-Douglass has continued to grow its behavioral health services, year after year, by adding additional counselors, psychiatrists, psychiatric nurse practitioners, care coordinators and crisis team clinicians,” said Kellie Mueller (pictured left), Assistant Vice President of Behavioral Health Services at Wentworth-Douglass.



“Our future growth includes adding additional clinicians to current programs, as well as developing new programs such as a substance use recovery clinic for medication assisted recovery.”

In addition to growing programs, the hospital works closely with community organizations across New Hampshire to increase the use of harm reduction techniques when interacting with people with SUD. Like other public health initiatives (such as seat belt requirements and speed limits), harm reduction strategies for those with SUD are focused on preventing deaths and reducing negative health outcomes, such as infections and the spread of disease. Wentworth-Douglass has integrated this potentially lifesaving philosophy into the hospital’s model of care and medical intervention for those with SUD.

The hospital has also contributed to community efforts to increase the regional distribution network for naloxone, a medication designed to rapidly reverse an opioid overdose. The

Doorway Operated by Wentworth-Douglass regularly distributes care kits for those in need, and wound care kits to prevent infection. The hospital recently awarded \$40,000 to SOS Recovery Community Organization, a peer-assisted recovery support organization, to assist in expanding access to treatment for problematic substance use and distribute supplies needed to support daily living and harm reduction efforts.

Wentworth-Douglass also provided funding to aid the Strafford County Public Health Network (a program of Greater Seacoast Community Health) in the creation of a new public syringe disposal pilot project in Dover. This partnership between the Strafford County Public Health Network, SOS Recovery Community Organization, the New Hampshire Harm Reduction Coalition, The Doorway Operated by Wentworth-Douglass, and other community organizations, will maintain an anonymous public sharps disposal program to increase access to safe disposal sites and decrease the amount of improperly disposed of needles and medical waste in the region. This is a low-barrier, effective strategy to improve community health and safety.

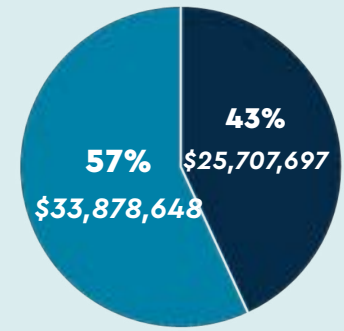
If you or a loved one need assistance, walk-ins are welcome Monday-Friday, 8am – 5pm at The Doorway Operated by Wentworth-Douglass, located at 798 Central Avenue, across the street from Wentworth-Douglass Hospital. Or call 2-1-1.



## TOTAL VALUE OF COMMUNITY BENEFIT IN 2022

These figures cover October 1, 2021 – September 30, 2022

**\$59,586,346\***  
\*9.9% of operating expenses



**\$25,707,697**  
**OTHER COMMUNITY BENEFITS**

Includes health services and improvement, subsidized health services, health professions education, and financial contributions to community partners.

**\$33,878,648**  
**FINANCIAL ASSISTANCE TO ACCESS CARE**

Includes unreimbursed Medicaid and care provided with financial assistance (at cost).

\*These are preliminary figures as of January 31, 2023. These numbers may vary from the final figures which will be reported to the New Hampshire Charitable Trusts Unit in July.



The Triangle Club received a \$10,000 grant to fund an Arts & Wellness in Recovery program from the Wentworth-Douglass Hospital Community Benefit Task Force.

# Emergency Medical Technician Training Program

## COMMUNITY BENEFIT



In August 2022, the Dover Regional Career Technical Center at Dover High School reached out to Wentworth-Douglass

Hospital with an unexpected request. As they rapidly approached the new school year, their plans fell through for an instructor for the Emergency Medicine Technician (EMT) training program. Using project-based learning, this program trains high school students from across the region in important medical skills, such as cardiopulmonary resuscitation (CPR), and prepares them for a future career in medicine. Upon completion of this hands-on course, students are eligible to sit for their national certification by the National Registry of Emergency Medical Technicians once they are 18 years of age.

The hospital's Emergency Medical Services Coordinator, Brian Nicholson, was thrilled to be able to step in as an instructor for this course. "I have had great engagement from the students," he noted.

*"I have been approached by multiple teachers and parents thanking Wentworth-Douglass for supporting this and other important Health Science programs."*

Mr. Nicholson assumed this role into his daily routine and teaches class each school day. This program has already resulted in over 300 learner hours in the first 6 months. Ten students are enrolled in this year-long program, and several have already made plans to advance their career in medicine by pursuing jobs in emergency medical services, nursing, and more.

In addition to this program, the Dover Regional Career Technical Center also offers a Career and Technical Education Health Science I and II program designed to align with the New Hampshire Board of Nursing's licensed nurse assistant (LNA) requirements. Thirty-two first year health science students in their sophomore and junior years are completing training this year, and many will be eligible to obtain their LNA certification in May. Second year health science students complete a Great Bay Community

College Medical Terminology Course (3 credits) and Electrocardiology (EKG) Technician certification program. These students also complete clinical job shadows at Wentworth-Douglass, rotating each week to a different department.

Wentworth-Douglass was proud to accept students for clinical job shadowing in inpatient and outpatient areas to help students understand the many potential career paths available in health care. Lisa Roy, RN, BSN, Health Science Technology teacher, shared that many of her students over the last ten years have pursued careers in health care. "This program planted a seed," she stated.

*"This is a great opportunity for students to explore health care careers and determine if this is an area of interest for them."*

Wentworth-Douglass has hired many program graduates over the last several years, including the recent hire of six students as Clinical Support LNAs and two students as Patient Sitters that are currently training to be LNAs.

Wentworth-Douglass wishes the best of luck to the future graduates of these important programs!



## Wentworth-Douglass Expands CareVan Program

Demand for transportation services in our region continues to grow and access to reliable transportation remains a barrier for those seeking to access health care services. In response to this increased need, Wentworth-Douglass expanded our CareVan service in 2022.

The CareVan service is offered to Wentworth-Douglass patients who do not have access to regular,

reliable, means of transportation. While this program typically serves patients requiring an extended course of treatment, such as physical therapy, cancer treatment, or wound healing, the service has now been expanded to increase access for additional patients.

In addition to the main hospital in Dover, the CareVans now also provide service to many of our outpatient locations, including Dover, Somersworth, Portsmouth, and Rochester. All Care-Van drivers

are CPR certified and trained through the National Safety Council Defensive Driving Course. To contact the CareVan service, call (603) 740-2520.

The hospital also recently contributed \$10,000 to support the Alliance for Community Transportation. Funds will support the Community Rides program and TripLink, a regional transportation call center which assists in locating rides for residents of Strafford and Rockingham counties, particularly for seniors and those with mobility concerns.



# WENTWORTH-DOUGLASS HOSPITAL

A Mass General Community Hospital

## CHARITABLE FOUNDATION

789 CENTRAL AVENUE  
DOVER, NH 03820

### AT A GLANCE: WENTWORTH-DOUGLASS CHARITABLE FOUNDATION

#### Our Mission

The Wentworth-Douglass Hospital Charitable Foundation philanthropically supports Wentworth-Douglass Hospital and the health and wellness of the patients of the Seacoast of New Hampshire and York County, Maine, by generating funds through charitable contributions.

#### Our Vision

Wentworth-Douglass Hospital Charitable Foundation will be the premier trusted philanthropic leader. We will be recognized for maximizing our philanthropic potential through strong volunteer leadership, highly engaged medical staff and hospital administration and superb donor relations.

#### WENTWORTH-DOUGLASS CHARITABLE FOUNDATION STAFF

**CRISTINE MORE, CFRE**  
Chief Philanthropy Officer

**KELSEY DEVINE**  
Development Coordinator, Gift Entry

**JUDY PINKHAM**  
Development Officer, Corporate Philanthropy

**SARAH VARNEY**  
Development Officer, Marketing & Communications

#### Our Funding Priorities

-  Annual Fund
-  Center for Heart Health
-  Community Dental Center
-  Seacoast Cancer Center
-  Women & Children's Center

#### Our Core Values

-  Integrity
-  Openness
-  Compassion
-  Excellence
-  Engagement

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