

REMINDERS!

IF YOU ARE HAVING SEDATION :

- DO NOT EAT SOLIDS AFTER MIDNIGHT.
- YOU MAY DRINK CLEAR LIQUIDS UP TO 2 HOURS BEFORE YOUR PROCEDURE.
- YOU MAY HAVE BLACK COFFEE OR TEA.
- NO CREAM, MILK , OR SUBSTITUTES SUCH AS ALMOND, OAT, SOY, COCONUT MILK OR CREMORA AFTER MIDNIGHT.
- NO GUM CHEWING, CANDY OR MINTS AFTER MIDNIGHT.
- If you are on a **blood thinner** please double check with your provider to see if you need to stop taking it and if you need labs drawn.
- If you are **diabetic and on insulin** please contact your diabetic provider about any changes in dosing.
- If you are on **weight loss medication** please ask your provider if you need to hold these medications prior to your procedure.
- **YOU CANNOT DRIVE YOURSELF HOME.**
- You must have a trusted adult over the age of 18 available to drive you home directly after your procedure
- **Please bring a medication list with you on the day of your procedure**

Please read the discharge instructions provided the day of your procedure for post-procedure care.



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